

## Swiss Sanctions Approved By WADA

The World Anti-Doping Agency (WADA) has issued its approval of recent sanctions on Roger Nachbur and Reto Eigenmann, two athletes from Switzerland. The two athletes have been banned for buying drugs on the internet. It was claimed by WADA that the case has been "*noted with interest*" but the anti-doping agency has refused to elaborate on the possibility of instituting similar rules.

Nachbur purchased "clenbuterol and EPO" while Eigenmann bought [clomifene](#), testosterone, and trenbolone. The [Swiss Olympic committee](#) remarked that the two athletes had violated by the rules since they were in possession of the drugs. Despite the fact that there was no drug test involved, it was enough for the committee to believe that there was enough evidence that they were planning on using them.

Nachbur, a 30-year-old road cyclist, and 41-year-old speed skier Eigenmann are barred from competition through August 22, 2014. Both the athletes have not competed in the Olympics but fall under jurisdiction of the committee as they are national athletes. Nachbur was fined 22,000 francs (CHF 500 Franken Busse, 500 francs party compensation costs to Anti-doping Switzerland, CHF 1,200 legal costs) and Eigenmann was fined 1,700 francs (500 francs party compensation costs to Anti-doping Switzerland, CHF 1,200 legal costs).

WADA President John Fahey said this is the first time that athletes from Switzerland have been sanctioned for buying prohibited substances online and he applauds the efforts of the organizations that were involved and added that this case is a good example of the impact that public and law enforcement authorities can have when they share information with the anti-doping community.

[Clenbuterol](#) is commonly used by sportsmen to lose body fat and weight besides being used as a thermogenic drug and stimulant. Use of this performance enhancing drug is associated with aerobic capacity, oxygen transportation, and blood pressure improvements. Clenbuterol is medically recommended to treat ADHD (attention deficit hyperactivity disorder), cardiovascular shock, arrhythmias, anaphylactic shock, and migraine headaches.

Erythropoietin (EPO), also known as erythropoetin or erthropoyetin, is used by sportsmen to improve the production of red blood cells and has become very popular with sportsmen, especially those into cross country skiing, biathlon, triathlons, cycling, horseracing, boxing, distance running, race walking, and rowing. It has the ability to improve oxygen carrying potential of the body to result in improved on-field performance and promotion of the sense of well being, motivation, feeling of invincibility, and mood. Trenbolone, on the other hand, is used to improve muscle mass, body strength, performance, and muscle definition and commonly used by sportsmen since it is metabolized by aromatase or 5 $\alpha$ -reductase into DHT or estrogenic compounds such as estradiol. Use of this anabolic steroid can promote the count of red blood cells that further improves oxygen transportation ability of the body. Testosterone derivatives such as testosterone cypionate, testosterone suspension, and testosterone enanthate are commonly used by sportsmen, especially those into strength athletics, to benefit from improved performance, muscle mass, and body strength and lead to balanced growth and development of secondary male sexual characteristics.