

Gerard Kinsella Banned For Two Years

The Football Association has banned Gerard Kinsella, of [Fleetwood Town](#), for two years after failing a drugs test.

Kinsella admitted an FA charge after a sample he gave in February contained Nandrolone, an anabolic steroid. The 21-year-old midfielder will be banned from football until February 2015 after being hit with a 24-month suspension, backdated to the date the sample was collected.

Nandrolone is the same drug that led to a four-month ban on Netherlands international Edgar Davids and Portugal defender Fernando Couto after they tested positive while playing in Italy in 2001. The anabolic steroid was also the reason behind the two-year ban on former Olympic 100m champion Linford Christie in 1999 and a one-year ban on Czech tennis player Petr Korda in 1998.

An FA statement read Fleetwood Town's Gerard Kinsella has been suspended from football and all football activities for two years, subject to any appeal, following an Independent Regulatory Commission hearing after he admitted an FA charge in relation to a breach of its anti-doping regulations. It was further revealed that the player was charged under FA Rule E25 for a breach of Regulation Three after he gave a sample following an out-of-competition test which contained the presence of a prohibited substance, namely Nandrolone, listed as an anabolic androgenic steroid in the 2013 Prohibited List of the World Anti-Doping Code. The statement also disclosed that Kinsella, who requested a personal hearing, will serve a 24-month suspension commencing 5 February 2013 (backdated to the date of sample collection) until 4 February 2015 [inclusive].

The midfielder, who has yet to play a first-team game for Fleetwood, has 12 months remaining on his contract at Highbury. Club's chief executive Steve Curwood remarked it is very disappointing situation for everybody and there are no winners here at all and said the lad has done something which he now obviously regrets and it was something he shouldn't have done and we've got to feel for him because his career, albeit short so far, has now gone into a serious decline. Curwood added we'll sit down with him and his representatives to discuss what is generally a sorry situation for everybody and went on to add that we've got a detailed and serious medical department who look at these issues and we're confident it is an isolated issue.

Kinsella said the positive result came after his cousin twice injected him with Durabolin to relieve the pain from a shoulder injury. Meanwhile, his cousin told an FA commission that he made use of Durabolin himself as a painkiller and was not aware it was also known as [Nandrolone](#) that promotes muscle growth and reduces fatigue. Kinsella said he didn't even know what the substance was and insisted what happened was 'stupidity in desperation.' He further added that he never took it as a performance enhancer, so no one can call me a cheat. The midfielder, who has struggled with injuries throughout his career and dislocated his shoulder twice in October and December last year, in the meanwhile is training as an asbestos removal expert.