

Ryan Braun Admits Doping

[Ryan Braun](#) has admitted to using banned performance enhancing drugs and apologized for his behavior. According to friends of the Milwaukee Brewers left fielder, Braun was expected to make a public acknowledgment of the fact that he doped during the 2011 season in which the honor of National League MVP came his way.

Braun explained his reasons of using banned drugs and apologized to MLB commissioner Bud Selig, among others, for lying about his doping past. According to sources, the baseball slugger has already had a word with Brewers manager Ron Roenicke and catcher Jonathan Lucroy.

The first Jewish baseball player to win the Most Valuable Player award in decades was ranked number seven by the Sporting News in its 2012 list of the 50 greatest current players in baseball. In 2006, Braun was Milwaukee Brewers' Minor League Player of the Year and made his major league debut in 2007. He is best described as a 5-tool player for his ability to excel at hitting for average, hitting for power, base running skills and speed, throwing ability, and fielding abilities. Braun was named "National Freshman of the Year" at the University of Miami and a first-team "Freshman All-American", by Baseball America in 2003. Ryan Braun was also named first-team All-American by [Collegiate Baseball](#). In July 2007, Braun became the fastest in Brewer history to hit 10 major league home runs, doing so in 38th game and hit his 15th home run in the 50th game of his career, and his 20th in his 64th game. Braun won the 2007 NL Rookie of the Year Award beating Troy Tulowitzki by 2 points in the closest NL vote. In 2007, he was voted the NL Sporting News Rookie of the Year by 488 major league players and 30 managers.

The American baseball left fielder and third baseman for the Milwaukee Brewers of Major League Baseball is presently serving a suspension of 65 games from baseball for his role in the Biogenesis scandal. The slugger accepted the ban imposed by MLB after he was shown the evidence gathered by Major League Baseball against him. Braun is also expected to issue an apology to sample collector Dino Laurenzi as Braun "wrongly" appealed a suspension of 50 games after the 2011 season and doubts were created by Braun's legal team about how his urine sample was collected.

The suggestions of Braun making an apology came after members of New York Yankees third baseman Alex Rodriguez's inner circle gathered and leaked documents that demonstrated that A-Rod implicated Braun and other players in using banned performance enhancing drugs. The report was however denied by Rodriguez and his lawyer.

Braun may have to face many legal issues, including a filed suit by his longtime friend for defamation. Ralph Sasson accused Braun of doping through his years at the University of Miami, committing academic fraud, and accepting money while being a student. Sasson charged that Ryan Braun defamed him after he provided help in his successful appeal of the positive steroid test of Braun in 2011.