

## Chael Sonnen Could Stop His UFC Participation

American mixed martial artist [Chael Sonnen](#) has admitted that his fighting days may be over. Sonnen made this stunning announcement after the apparent elimination of therapeutic-use exemptions (TUEs) for Testosterone replacement therapy (TRT) in the sport of Mixed Martial Arts.

Sonnen said on an edition of "*UFC Tonight*" that he may not continue competing in the Octagon if he cannot find a good way to help improve his lagging testosterone to a normal level. The #8 in official UFC light heavyweight rankings and #15 in middleweight said he may have to stop the sport if it does not work and it is as simple as that. These comments made by Sonnen were part of a discussion on the recent decision of the Nevada State Athletic Commission (NSAC) to ban [Testosterone replacement therapy exemptions](#) in the state. Chael Sonnen also remarked that he and his team are educating themselves on the new process and potential alternatives. Till a solution is reached, the UFC fighter said his days in the cage could be quickly drawing to a close. He added that an athlete should not have to choose between sport or health and it should be a combination of both.

The decision of NSAC was soon followed by the UFC and later on by the California State Athletic Commission (CSAC) that issued a "total ban" on [testosterone replacement therapy](#) (TRT).

At the age of 19, Sonnen made his MMA career by defeating Ben Hailey in 1997. He then went on to defeat future ICON Sport Middleweight Champion and Strikeforce Middleweight contender Jason "Mayhem" Miller. Chael Sonnen made his UFC debut against former IFC Light Heavyweight Champion Renato Sobral at UFC 55. He then debuted in May 2006 for Bodog Fight and defeated Tim Credeur via TKO. Sonnen defeated future Ultimate Fighter member Kyacey Uscola at SuperFight 20: Homecoming. Sonnen was suspended by the California State Athletic Commission (CSAC) for one year and fined \$2,500 after his loss to Anderson Silva at UFC 117 on August 7, 2010. It was revealed that Sonnen had an unallowably high testosterone/epitestosterone (T/E) ratio of 16.9:1 at the time of the fight while the T/E ratio of an average man is 1:1 and a ratio as high as 4:1 may be allowed by some testing bodies for athletes undergoing Testosterone replacement therapy treatment.

In another development, Chris Weidman who has been one of the more outspoken critics of TRT expressed satisfaction on the recent decision by NSAC. Weidman said he had made it no secret at all for his stance on TRT and added he always thought it was cheating and went on to remark that there was just guys taking advantage of it, so it's a huge step in the right direction for the sport to get rid of that. Weidman added there has always going to be people cheating out there, but when it was guided cheating and people were allowed to cheat, that was not right and it's a step in the right direction.