

## **Athletics Should Follow Anti-Doping Lead Of Cycling, Says Froome**

[Team Sky rider Chris Froome](#) has urged athletics to follow the lead of cycling and emphasize on investing a lot more money in anti-doping.

The double Tour de France champion remarked [testing in athletics](#) is not up to the level as in cycling from what he understands. Froome also commented that the world governing body of cycling, the UCI, spends about four times what is spent by the International Association of Athletics Federations (IAAF) spends on testing. He added the IAAF is going to have to invest a lot more heavily in anti-[doping](#) and also remarked that would be a step in the right direction.

Presently, the IAAF spends about £1.3m a year on anti-doping as compared to £6m spent by the UCI. A big majority of UCI's anti-doping expenditure comes from the professional teams as a condition for their licenses to compete in UCI competitions.

Froome also added that he believes some things have changed quite substantially for cycling since the dark ages of 10-15 years ago when the sport was really dirty. The Team Sky rider said testing in cycling has really evolved and the world governing body of cycling has now implemented 24-hour testing and went on to add that he has every confidence that the system now really works. Froome also revealed he has no issues with night time testing and told he was tested at his Monaco apartment at 3pm on Sunday as that demonstrates to fans that he is clean.

Cycling's tainted era legacy is too obvious to Chris Froome who was subjected to ridicule. During this year's Tour de France, one fan threw urine at him and other fans spat at him. Froome's teammate Richie Porte was punched during a stage. Froome said he does not blame fans for wrongdoings on the roadside and remarked his anger is rather directed at supposed cycling experts in the media who have left no stone unturned in casting suspicion about Froome's performances.

The rider added the fans were only following the words of the media who were saying this team is not believable and also remarked if the public is told that enough times by journalists, it's only natural that's what people will believe. Froome also said he does not think any sportsman should have to go through what we went through during this year's Tour de France.

Team Sky released Froome's performance data during this year's Tour to dispel the negativity surrounding their ace rider. Froome also promised to undergo independent physiological tests that could be shared publicly. Froome said it is something he wanted to do from the start of the season, even before all this came up during the Tour. The cyclist added the physiological testing could even help him understand what makes him who he is and what it is about him that allows him to make the efforts he does. Froome also said he is open to do the VO2 max test that many of his critics have asked for and added there are plans to perform the peak oxygen uptake assessment but also commented he "would not be rushing into it".