

Ronda Rousey Is Most Tested UFC Fighter

The United States Anti-Doping Agency has completed its first round of testing of Ultimate Fighting Championship (UFC) fighters. USADA posted the results on a new [athlete test history website](#). The information is arranged by search criteria sorted by names, year, quarter, and more.

The anti-doping agency primarily focused on ensuring UFC athletes have received the necessary education to understand their rights and responsibilities under the new anti-doping program. The first round of testing took three months and testing happened both [in and out-of-competition](#). The United States Anti-Doping Agency commented that an education initiative - including prohibited substances and methods, whereabouts requirements, the sample collection process, dietary supplement awareness, therapeutic use exemption rules, as well as the general rules and guidelines of competing clean - was a concurrent priority.

USADA conducted 81 tests of 50 UFC fighters to date and **UFC women's bantamweight champion Ronda Rousey was screened the most with five tests**. She was followed by Thiago Alves, Bethe Correia, and [Antonio Silva](#) who have been tested four times; Anthony Johnson and Jimi Manuwa were tested three times. The list of UFC fighters who were tested twice included UFC featherweight champion Jose Aldo, Andrei Arlovski, Daniel Cormier, Todd Duffee, Cezar Ferreira, Claudia Gadelha, Alexander Gustafsson, Michael Johnson, Cris Justino, Conor McGregor, Dustin Poirier, and others while those who were tested only once included notable names like Vitor Belfort, Erick Silva, Ryan Bader, Josh Barnett, John Dodson, Dan Henderson, Johny Hendricks, UFC flyweight champion Demetrious Johnson, Roy Nelson, and Tyron Woodley.

USADA CEO Travis T. Tygart said on USADA's website that we have had the opportunity to speak with many athletes during this initial program phase, and we have appreciated their passion for protecting clean sport and their dedication to participating in a comprehensive anti-doping program. Tygart added the first three months have been right on track with the program launch plan, which necessarily included a large emphasis on

the vitally important athlete education efforts. Now, with the whereabouts filing process complete, we begin the rollout of the full strategic out-of-competition testing plan.

In the second and now-current phase, UFC fighters would be required to complete their whereabouts file so that they can be contacted and tested in an easier way during out-of-competition windows.

USADA was hired by UFC in June 2015 to conduct and control their anti-doping programs. As part of UFC's Athlete Marketing and Development Program, USADA started serving as the independent third-party administrator of UFC's year-round Anti-Doping Policy beginning on July 1, 2015. The premier anti-doping agency is renowned globally for its mission to preserve the integrity of competition and protect the rights of clean athletes. Under the association, the United States Anti-Doping Agency would be responsible for independently administering all areas of the UFC Anti-Doping Policy, including comprehensive education, testing, science and research, and results management. UFC also appointed Jeff Novitzky, the famed drug cop who almost single-handedly took down BALCO, as UFC VP of Athlete Health & Performance in an attempt to restore credibility in the sport.