

Anderson Silva Is A "Coward", Says Ben Rothwell

Top-ranked UFC heavyweight contender Ben Rothwell has called [Anderson Silva](#) a "coward" for not admitting his guilt after receiving a 12 month suspension from the Nevada Athletic Commission for using anabolic androgenic steroids.

Rothwell said Anderson Silva destroyed his legacy not because he was busted but because he continually denied everything to show just what a coward he is. Ben Rothwell added he has no respect for Silva and added Silva is a cheat and is not a man.

Silva, the Brazilian mixed martial artist and former UFC Middleweight Champion, holds the longest title defense streak in UFC history. He tested positive for Drostanolone and Androstane after his fight against Nick Diaz at UFC 183. Silva beat Diaz via unanimous decision but the win was overturned to no contest after his use of performance enhancing drugs. The former middleweight champion pleaded his innocence and said he tested positive because of a mysterious sexually enhancing "*blue vial*" that he acquired from a friend in Thailand.

In 2013, Ben Rothwell himself tested positive for elevated levels of [Testosterone](#). He was suspended for a period of nine months but took full responsibility for his actions and vowed to never cheat again.

In another development, [Michael Bisping](#) said he is no longer interested in Anderson Silva. Bisping (27-7 MMA, 17-7 UFC) said the drug test failure of Silva has changed his desire to fight against Silva. Bisping added he believes that a person does not make a decision to try a new thing called steroids at the age of 39 and Silva must have been on the juice the whole time. Bisping, who is arguably the most famous fighter to have never received a UFC title shot, said he is not sure if he would accept a fight with the man who is considered by many as one of the greatest of all time.

Bisping added nobody expected Anderson Silva to test positive and he has always been a fantastic fighter, always been a fan favorite. The English mixed martial artist who competes in the middleweight division of the Ultimate Fighting Championship added it is ridiculous that Anderson's positive test was the first time he was ever tested out of

competition and he failed it. Bisping also remarked Silva came up with every excuse under the sun, including Viagra, and he looked the fool and added he wouldn't fight Silva or anyone else that has a history of taking steroids.

Silva was recently criticized for laughing when his team made fun of Steven Seagal, action movie star and former mentor of Anderson. Seagal has always been a figure of ridicule within the MMA community. The 63-year-old started working with Silva and Lyoto Machida in 2010 and served as a mentor and teacher to the former UFC champions. However, Seagal has been absent from the mixed martial arts sphere since he started taking credit for some of their techniques. Anderson Silva started to distance himself from Seagal after he took praise for the front kick Silva used to knockout Vitor Belfort at UFC 126.