

Ryan Howard And Ryan Zimmerman Linked To Doping Ring

An investigative report by Al-Jazeera has alleged that Peyton Manning received [Human growth hormone](#) from an Indianapolis anti-aging clinic. This report includes the names of three [Major League players](#), Philadelphia Phillies first baseman [Ryan Howard](#), Washington Nationals infielder Ryan Zimmerman, and free-agent catcher Taylor Teagarden.

It was claimed by the report that the three major league players obtained performance enhancing drugs from the Guyer Institute in Indiana. Charlie Sly, a pharmacist, disclosed that the clinic mailed human growth hormone and other drugs in 2011 to many athletes, including the three mentioned MLB players. According to State licensing records, a Charles David Sly was licensed as a pharmacy intern in Indiana from April 2010 to May 2013.

In a statement, Dale Guyer of the Guyer Institute said that Sly had a brief three-month internship there in 2013 during which time Peyton was not even being treated or present in the office.

The report, titled "*The Dark Side*," was the result of an investigation. British hurdler Liam Collins went undercover for exposing the widespread nature of performance-enhancing drugs globally. The report alleged that the clinic sent growth hormone and other drugs to Ashley Manning, Manning's wife, for assisting Manning recover from 2011 neck surgery.

Zimmerman has dealt with a lot of injuries over the years and his injuries date back to 2011 that put his recovery time on the same track as well. Howard suffered a torn Achilles on the final out of the 2011 NLDS and this puts his recovery timeline in line with that of Manning.

Manning, the Denver Broncos quarterback, remarked he never used a human growth hormone (HGH) and termed the report as "completely fabricated" and "complete trash." Manning said he rotated between angry and furious and added disgusted is really how he feels and sickened by it. Manning added time ended up being probably my best medicine along with a lot of hard work. He also added it stings him whoever this guy is to insinuate

that he cut corners and broke NFL rules in order to get healthy. However, Manning did admit that he went to the institute in 2011 to use a hyperbaric chamber recommended by doctors.

William Burck of Quinn Emanuel, the attorney for Howard and Zimmerman, released a statement and called the claims extraordinarily reckless and completely false. Burck said it is inexcusable and irresponsible that Al Jazeera would provide a platform and broadcast outright lies about Howard and Zimmerman. The statement added that the extraordinarily reckless claims made against our clients in this report are completely false and rely on a source that has already recanted his claims and added that we will go to court to hold Al Jazeera and other responsible parties accountable for smearing our clients' good names.

The report alleged that Teagarden, who most recently spent time with the Chicago Cubs during the 2015 season, appeared in one of the undercover videos and was open to discuss his use of performance enhancing drugs during a prior season. It would not be possible for Teagarden to deny the allegations as the video is part of the report set to air on Sunday.